# CONGESTIVE HEART FAILURE
# CAREMAP® CODE 311-B

**DAY 1 DATE: _____/_____/_____**

| | | Interventions | Outcomes |
|---|---|---|---|
| ASSESSMENT | CONSULTS | 1. Nutrition ☐ | |
| | TESTS | 2. CXR ☐ | Patient's abnormal lab values are addressed |
| | | 3. EKG ☐ | Met: ☐ Unmet: ☐ Initials: |
| | | 4. Pulse Oximetry ☐ | 1. Patient's O2 sat is > 90% |
| | | Metabolic Panel | Met: ☐ Unmet: ☐ Initials: |
| | | Consider Echo if indicated. | |
| | | CBC | |
| | MONITORS & TEAM PROCESS | Admission History and Assessment ☐ | Patient's V/S are within acceptable limits |
| | | V/S q _____ | Met: ☐ Unmet: ☐ Initials: |
| | | Intake & output ☐ | |
| PLAN | PROBLEMS/ NEEDS | 1. 3. 5. | |
| | | 2. 4. 6. | |
| | TREATMENTS | 5. Daily Weights: _____ | |
| | | IV: | |
| | MEDICATIONS | 6. If Ejection Fraction is below 40% use: | 2. Patient's Ejection Fraction is documented in the medical |
| | | Digoxin, Diuretics and ACE inhibitors | record. |
| | | unless contraindicated | Met: ☐ Unmet: ☐ Initials: |
| | | If ACE inhibitors contraindicated consider use of | Pt is Pain Free |
| | | angiotensin receptor blockers. | Met: ☐ Unmet: ☐ Initials: |
| | | Pain management | |
| | DIET | 2gm sodium or as ordered. | |
| | ACTIVITY | Ambulate unless otherwise ordered. ☐ | |
| | TEACHING | Orient to unit. Review plan of care ☐ | Patient/S.O. understands medication use. |
| | | Teach re: disease process, diet, meds, and | Met: ☐ Unmet: ☐ Initials: |
| | | S&S to report. Pain Scale ☐ | Patient/S.O. verbalize concerns of illness. |
| | | Fluid Restriction. Daily Weights. ☐ | Met: ☐ Unmet: ☐ Initials: |
| | | Patient Friendly Care Map® given. Init. _____ | Patient verbalizes understanding of the pain scale |
| | | Smoking Cessation ☐ | Met: ☐ Unmet: ☐ Initials: |
| | | Safety precautions ☐ | |
| | DISCHARGE PLANNING | Assess support network. ☐ | Patient/S.O verbalize understanding of the Patient Friendly |
| | | Assess discharge planning needs. ☐ | Care Map® |
| | | | Met: ☐ Unmet: ☐ Initials: |
| | TEAM SIGNATURES AND TITLE | 1. 3. 5. | |
| | | 2. 4. 6. | |