

**Table 1. Signs and Symptoms of Non-Neuropathic Pain Syndromes**

DISORDER	PAIN SYMPTOMS	SIGNS
Myofascial headache	Constant dull pain, occasionally shooting pain	Trigger points on scalp, muscle tenderness, and tension
Chronic tension headache	Constant dull pain	Diffuse tenderness of the scalp and associated tension
Transformed migraine	Initially migraine-like, becomes constant, dull; nausea, vomiting	Muscle tenderness and tension, normal neurologic exam
Myofascial neck pain	Constant dull pain, occasionally shooting pain, pain does not typically follow nerve distribution	Trigger points in area of pain, usually no muscle atrophy, poor ROM in involved muscle
Chronic neck pain	Constant dull pain, occasionally shooting pain, pain does not follow nerve distribution	No trigger points, poor ROM in involved muscle
Fibromyalgia	Diffuse muscular pain, stiffness, fatigue, sleep disturbance	Diffuse muscle tenderness, > 11 trigger points
Chronic back pain	Constant dull pain, occasionally shooting pain, pain does not follow nerve distribution	No trigger points, poor ROM in involved muscle
Myofascial back pain syndrome	Constant dull pain, occasionally shooting pain, pain does not typically follow nerve distribution	Trigger points in area of pain, usually no muscle atrophy, poor ROM in involved muscle

**Key:** ROM = range of motion