Detection and Intervention of Problem Drinkers in the ED — Brief Negotiation Interview (BNI) Screening Tool



What are some of the positive things with your use of alcohol?* What are some negative things with your use of alcohol?

OFFER FEEDBACK

Do you see a connection between your ED visit today and your drinking?

ASSESS READINESS

Summarize pros and cons, then ask:

Where does this leave you?

How ready are you to change your drinking behavior?

NOT READY

- 1. Express concern.
- 2. Offer education and information for follow-up, including recommendations, e.g., "Do not drink and drive."

UNSURE

- 1. What will it take to get you ready?
- 2. Offer education, information for follow-up, and recommendations.

READY

- 1. Help patient identify resources.
- 2. Make an appropriate referral for treatment.
- * If patient tests positively or has Hx of alcohol problems, assess for safe discharge with appropriate referrals and instructions.

Source: National Highway Traffic Safety Administration. Developing Best Practices of Emergency Care for the Alcohol-Impaired Patient: Recommendations from the National Conference. Washington, DC; 2001.