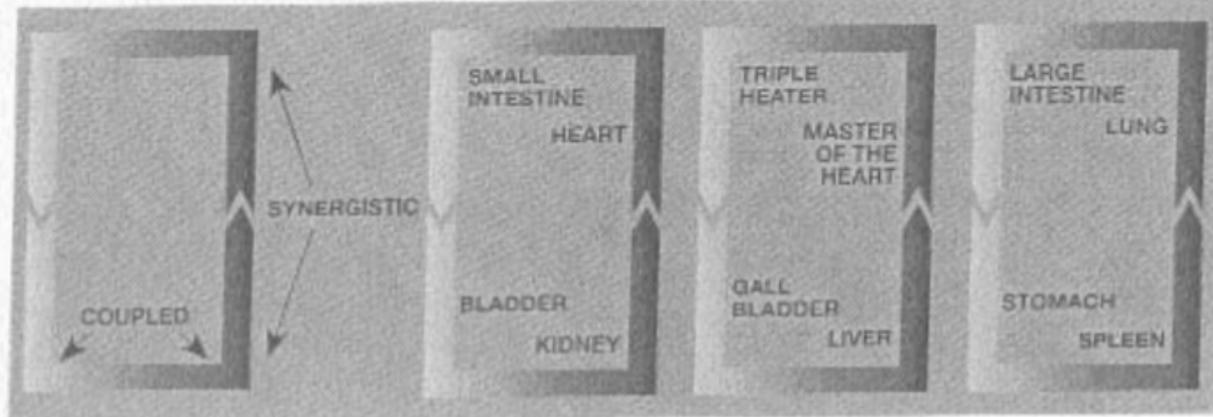


# Figure 1. Schematic Illustration of the Coupled and Synergistic Organ-Named Principal Meridians



From: Helms JM. *Acupuncture Energetics: A Clinical Approach for Physicians*. Berkeley, Calif: Medical Acupuncture Publishers; 1995.