

Table 5. Wound Dressings

WOUND CHARACTERISTIC	THERAPY GOAL	DRESSING TYPE	EXAMPLE
High exudate	Absorb exudates	Foams Gauze Alginates	3M Foam, Sof-Foam
Low exudate	Maintain moisture	Hydrocolloids Foams Films	Nu-Derm, Tegaserb Suresite, Easy Dressing
No exudates	Add moisture	Hydrogel Film + Hydrogel Hydrocolloid	ClearSite, Carrasyn, Hydrogel
Infected	Cleansing Absorb exudates	Avoid occlusive dressings	
Foot	Avoid further injury	Avoid dressings that when compressed ooze like hydrocolloids	
Sacral	Prevent contamination	Use adhesive dressings	
Fragile skin	Avoid further injury	Avoid adhesive dressings	
Macerated skin surrounding wound	Avoid further injury	Use skin sealants on surrounding skin	