

Table 2				
Studies indicating that folate may reduce colon cancer risk				
Study	Study Group	Patients	Relative Risk (Confidence Interval)	Limitations
Giovannucci et al ¹¹	Nurses' Health Study	88,756 women	0.69 (0.52-0.93) > 400 mcg vs. 200 mcg/d 0.25 (0.13-0.51) after 15 years	Prospective cohort
Su et al ¹²	NHANES I Follow-Up	14,407	0.40 (0.18-0.88) males 0.74 (0.36-1.51) females > 239 vs. < 103.3 mcg/d	Cohort Did not account for vitamins or smoking
Giovannucci et al ¹³	Health Professionals Follow-Up Study	47,931 men	3.3 (1.58-6.88) for low- folate, low-methionine, high-alcohol intakes	Prospective cohort